

University of Pretoria Yearbook 2021

Human movement studies and sport management 312 (JMB 312)

Qualification	Undergraduate
Faculty	Faculty of Education
Module credits	15.00
NQF Level	07
Programmes	BEd Senior Phase and Further Education and Training Teaching
Prerequisites	JMB 212 and JMB 222
Contact time	3 lectures per week
Language of tuition	Module is presented in English
Department	Humanities Education
Period of presentation	Semester 1

Module content

Effects of physical activities on the human body, energy sources, etc. Exercise and fitness factors, principles of gymnasium practice. Revision of general managerial principles (year 1-2). Specialisation in the legal principle of sport. Dealing with stress and conflict in the domain of Sport Management.

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